

**University of Wisconsin Oshkosh – Department of Professional Counseling**

**Practicum Student Self-Evaluation**

Version Fall 2018

\*To be completed by Student

Practicum Student Name:

Site Supervisor Name:

Faculty Supervisor Name:

Site Name:

Date:

Please rank yourself according to the scale and criteria provided below in question one.

**Practice**

1) Utilizes basic individual counseling skills to build rapport and relationships with students/clients.

- Beginning (rarely see skills and/or professional dispositions)
- Developing (seeing skills/dispositions on an increasingly consistent basis)
- Met (consistent use of skills and/or dispositions)

Comment:

2) Demonstrates appropriate use of basic counseling skills with groups and/or families.

- Beginning
- Developing

- Met

Comment:

3) Nonverbal skills: Includes body position, eye contact, posture, distance from client, voice tone, rate of speech, use of silence, etc. (matches client).

- Beginning
- Developing
- Met

Comment:

4) Encouragers: Includes minimal encouragers and door openers such as “Tell me more about...”

- Beginning
- Developing
- Met

Comment:

5) Questions: Use of appropriate open & closed questioning (i.e., avoidance of double questions).

- Beginning
- Developing
- Met

Comment:

6) Basic reflection of Content – paraphrasing.

- Beginning
- Developing
- Met

Comment:

7) Basic reflection of feelings.

- Beginning
- Developing
- Met

Comment:

8) Advanced reflection (meaning): Advanced reflection of meaning including values and core beliefs (takes counseling to a deeper level).

- Beginning
- Developing
- Met

Comment:

9) Advanced reflection (summarizing): Summarizing content, feelings, behaviors and future plans.

- Beginning
- Developing
- Met

Comment:

10) Confrontation: Counselor challenges client to recognize & evaluate inconsistencies.

- Beginning
- Developing
- Met

Comment:

11) Goal setting: Counselor collaborates with client to establish realistic, appropriate and attainable therapeutic goals.

- Beginning
- Developing
- Met

Comment:

12) Focus of counseling: Counselor focuses (or refocuses) client on his/her therapeutic goals (i.e., purposeful counseling).

- Beginning
- Developing
- Met

Comment:

13) Facilitate therapeutic environment: Expresses accurate empathy & care. Counselor is “present” and open to client (includes immediacy and concreteness).

- Beginning
- Developing
- Met

Comment:

14) Facilitate therapeutic environment: Counselor expresses appropriate respect and unconditional positive regard.

- Beginning
- Developing
- Met

Comment:

Overall Comments/Summary:

## **Professional Dispositions**

15) Professional Ethics: Demonstrates an awareness when ethical concerns arise and follows an ethical decision-making process (including appropriate consultation). Utilizes the ACA, (ASCA, NASPA, etc.) code of ethics as guidelines and principles in order to determine the best course of action.

- Beginning
- Developing
- Met

Comment:

16) Professionalism: Behaves in a professional manner toward supervisors, peers & clients (includes appropriateness of dress and attitude). Able to collaborate with others.

- Beginning
- Developing
- Met

Comment:

17) Self-awareness & Self-understanding: Demonstrates an awareness of his/her own belief systems, values, needs & limitations, and the effect of 'self' on work with clients.

- Beginning
- Developing
- Met

Comment:

18) Emotional stability & Self-control: Demonstrates emotional stability (ie congruence between mood & affect) & self-control (ie impulse control) in relationships with supervisor, peers, and clients.

- Beginning
- Developing
- Met

Comment:

19) Motivated to Learn, Grow / Initiate: Engaged in the learning & development of her/his counseling competencies.

- Beginning
- Developing
- Met

Comment:

20) Multicultural Competencies: Demonstrates awareness, appreciation & respect of cultural difference (i.e., races, spirituality, sexual orientation, etc.).

- Beginning
- Developing
- Met

Comment:

21) Openness to Feedback: Responds non-defensively & alters behavior in accordance with supervisory feedback.

- Beginning

- Developing
- Met

Comment:

22) Professional & Personal Boundaries: Maintains appropriate boundaries with supervisors, peers, and clients.

- Beginning
- Developing
- Met

Comment:

23) Flexibility & Adaptability: Demonstrates ability to flex to changing circumstance, unexpected events, and new situations.

- Beginning
- Developing
- Met

Comment:

Overall Comments/Summary:

We deeply appreciate your investment in developing new professionals in our field!  
Thank you!