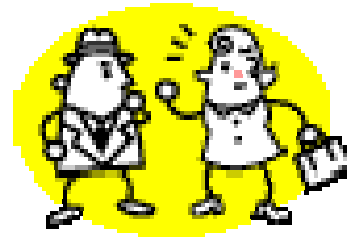


*Tired of being a doormat?*



*Don't want to be a bully?*

***Want to learn appropriate, assertive ways to express yourself?***

Then we have a class for you! Fox Valley Technical College, Christine Anne Domestic Abuse Shelter, Head Start, UWO Women's Center and Advocap are joining forces to offer "**Human Assertiveness**" for females. And best of all, **it's free!**

This class is normally about \$150 with the book, but a grant from the Women's Fund at the Oshkosh Foundation will generously cover the cost of tuition and books! This class is only for female single parents and displaced homemakers who live in Winnebago County. It is a one-credit elective class if you pursue an Associate's degree at FVTC; it is a life skills building experience even if you never take another class.

**Where:** Oshkosh Senior Center South Annex (the building next to FVTC-Riverside Campus), Willows South room

**When:** 6 Wednesday nights: November 4, 11, 16 and December 2, 9 and 16. (No class November 25 due to the long Thanksgiving weekend.)

**Time:** Class will run from 5:30-8:20 p.m. with one break; feel free to bring a snack

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**REGISTRATION DEADLINE: November 2 at 4 p.m.!**

**How to register:**

Fill in your contact information below and tear off this bottom half of the sheet and mail it to: FVTC, attn: Sandi Moore, P O Box 2277, Appleton, WI, 54912-2277 or fill it out and email it to Sandi at [moores@fvtc.edu](mailto:moores@fvtc.edu)

Name:

Address:

Phone:

Second phone:

Email:

How did you find out about this class?

**This class is limited to 24 women.  
We will call, mail or email you to confirm your enrollment.**