

Drinking Games

Some upperclassmen are having a party. A group of freshmen have confided in you that they don't drink and aren't huge "partiers," but since they're new to the college experience and want to fit in, they're going to the party.

You're at the party and everyone seems to be having a good time until one of the seniors suggests a drinking game. You are concerned about the dangers of drinking alcohol. Everyone starts to gather around a table as one of the seniors begins to explain the rules for the drinking game. The freshmen who have confided in you decline to play but others start hassling them. You can see they're worried and uncomfortable. Then they look to you.

You:

- Don't say anything. It's just a harmless drinking game and they need to learn to speak up.
- Suggest the group plays a card game or some other game that allows the group to drink casually instead.
- 3 Talk to the upperclassmen and tell them the freshmen are feeling uncomfortable and ask them to be more considerate.

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4 Leave the party and bring the freshmen with you.

5	Personal option:

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Passed Out

Someone comes running to you because one of your friends is passed out and looks like they are barely breathing. You go to the room and there are lots of empty liquor bottles and cups around. The other student is hysterical about your passed-out friend. You see that your friend's breathing is irregular and she is cold and clammy.

You:

- 1 Don't do anything and leave your friend there to "sleep it off."
- 2 Ask around at the party to find out if anyone knows CPR or other methods that help regulate breathing.
- 3 Immediately call 9-1-1 or University Police and explain the situation.
- 4 Try to revive your friend by splashing cold water on them.







Hazing

You are on the college baseball team and while on Facebook you see one of your teammates' posts about upcoming "initiation" for this year's freshmen, as well as pictures from last year. You know it's actually hazing and you're not comfortable with what they are planning. It seems that they push the limit a little more every year, but they justify it by saying it's what makes the team more cohesive and that it's "tradition." You want to say something, but you feel intimidated and don't want them to think less of you.

You:

- 1 Don't do anything because it's a tradition and you don't want to get your teammates in trouble.
- 2 Talk to your teammates about a different approach to initiation, something that doesn't involve hazing, but is more of a team building approach.
- **3** Tell your coach about the "initiation" and ask that he takes action, but does not let your teammates know you told him.
- 4 Tell your school's athletic director about the hazing and ask that he takes action, but does not let your teammates know you told him.

3	Personal option:







Too Much

You are at a party. During the past hour you notice one of your guy friends has been talking to a woman. They seem to be having a good time, but it is clear that the woman has had too much to drink. At one point your friend walks by you and you hear him say he is just going to get her "one more" and "that should be enough." A few minutes later you see him put his arm around the young woman and start to lead her upstairs.

You:

- 1 Don't do anything. It's none of your business.
- Walk up to the guy and say something to him like, "Hey, what are you doing?" and stick around to make sure the situation has cooled down.
- **3** Get a group of people to talk to your guy friend while others try to get the woman away from him.
- 4 Talk to the woman at some point and let her know what you heard and ask her if she is comfortable with this situation.
- **5** At the earliest possible opportunity, discuss this situation with some of his other friends and, together, decide on a course of action.

6	Personal option:

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Controlling

You and your friend live on the same floor in the residence hall. You walk by her room and hear her crying. In the past, she has shared with you that her boyfriend yells at her, humiliates her and always wants to know where she is and who she's with. She also says he won't let her do things she wants to do. As you walk past, you catch a glance of her and it appears she has fresh bruises on her arms.

You:

- 1 Keep walking. It's none of your business.
- 2 Stop in and talk to your friend and express your concerns. Let her know she shouldn't be treated that way.
- 3 Do nothing immediately, but that day or later you make a point of talking to her boyfriend and suggest he get counseling to deal with his abusive behavior.
- 4 Talk to your parents, the Campus Victim Advocate, a CA, Residence Hall director, a faculty member or campus staff member and ask their advice about what you should do.

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Homophobia

You are hanging out with your friends when one of them makes a very insulting and derogatory remark about another friend's alleged sexual orientation. They go on to say that they definitely won't be choosing that person as a roommate next year.

You:

- 1 Say nothing and give them a questioning glance.
- 2 Let the friend know you are offended and think their comment is bigoted.
- 3 Don't say anything right then, but later tell your friends that you don't think they should be speaking about others that way.
- 4 Talk to a gay friend of yours and find out how he feels when others use derogatory remarks about his sexual orientation.

Personal option:		







Down

You notice a friend has been very down lately. He has become withdrawn and is not as active or social as before. Other friends have seen the friend sleeping more, not eating and agitated. Recently, he posted on Facebook that he doesn't see the point to living. You have become concerned.

You:

- Offer to hang out with the friend and try to get him to talk about how he's doing.
- 2 Talk with your friend and let him know you are concerned because he is acting differently.
- 3 Do nothing immediately, but that day or later you make a point of talking to your friend's parents or a close family member and suggest your friend gets some counseling to receive support.
- **4** Talk to your parents, the on-call counselor at the Counseling Center, a CA, Residence Hall director, a faculty member or campus staff member and ask their advice about what you should do.

3	Personal option:







Eating Issues

A friend of yours appears to have lost quite a bit of weight lately. You notice that her eating habits are becoming more and more unusual. She is skipping meals and altering foods when she does eat (e.g., pulling cheese off pizza). When approached, she is defensive, denying anything is wrong. This has negatively impacted not only her academic performance, but also your relationship with her.

You:

- **1** Don't do anything. You've tried to confront her before and she just gets defensive.
- 2 Talk with your friends and decide what the best course of action might be.
- 3 Do nothing immediately. But as soon as possible, you make a point of talking to your friend's parents or a close family member and suggest your friend gets some counseling.
- 4 Talk to your parents, the on-call counselor at the Counseling Center, a CA, Residence Hall director, a faculty member or campus staff member and ask their advice about what you should do.

5	Personal option:







Gambling

A friend of yours is selling some of his important and valuable belongings. He has also asked another friend to lend him money. He is spending an inordinate amount of time at the computer and appears to be overly interested in the outcomes of sporting events. What do you do?

You:

- 1 Don't say anything. It's just some harmless gambling. It's just for fun.
- 2 Talk to your friend about the situation and let him know you are concerned about his gambling habits.
- 3 Talk to his family members and friends to discuss the best course of action.
- 4 Talk to your parents, the Counseling Center, a CA, Residence Hall director, a faculty member or campus staff member and ask their advice about what you should do.

Personal option: _			









Chill Out

You and a few friends are at a party when someone begins insulting you (for how you are dressed, for not drinking, etc.) Despite everyone's best effort to ignore these obnoxious comments, you can see one of your friends is becoming more and more irritated. He has a history of losing his temper. You are worried your friend may become physically aggressive.

You:

- **1** Don't do anything because this is how your friend reacts and there is nothing you can do about it.
- 2 Crack a joke to diffuse the situation.
- **3** Leave the party and talk to your friend about his temper. Explain that you are concerned about him.
- 4 Talk to your parents, the Counseling Center, a CA, Residence Hall director, a faculty member or campus staff member and ask their advice about what you should do.

6	Personal option:







Bias Incident

You are walking in your residence hall when you notice someone has written the N-word written on the white board on your floormate's door. You are concerned about your floormate seeing the comment and feeling unsafe.

You:

- 1 Don't do anything.
- Erase it quickly and continue on your way.
- 3 Let a CA, Hall Director, the Counseling Center or Campus Victim Advocate know about the incident.
- 4 Report the incident using the online Bias Incident Report form.
- **6** Call University Police to take pictures and report the bias incident.
- 6 Knock on the door and express your concerns about their white board.



