

Run, walk and jingle for a cause

by Audralynn See - Thursday, November 17, 2011

<http://www.uwosh.edu/today/15516/run-walk-and-jingle-for-a-cause/>

On Saturday, Dec. 10, the sound of jingle bells will fill the air outside UW Oshkosh's Student Recreation and Wellness Center (SRWC) during the Arthritis Foundation's annual Jingle Bell Run/Walk.

The event is open to campus and the Oshkosh community and registration for the event will begin at 8 a.m. with the run/walk starting shortly after at 9 a.m. Participants can register online at www.jbroshkosh2011.kintera.org for \$20 before Nov. 30. Registration after Nov. 30, or at the event, will be \$25 and each participant will receive a t-shirt and jingle bells to tie to their shoelaces.

Proceeds from the event will be used to fund programs and services for the estimated 2.2 million people living with arthritis in the Upper Midwest Region including Minnesota, North Dakota, South Dakota and Wisconsin.

The mission of the Arthritis Foundation is, "to improve lives through leadership in the prevention, control and cure of arthritis and related diseases."

The 5K Jingle Bell Run/Walk will promote wellness in a fun, festive way and get the community involved in helping others this holiday season. Participants often wear holiday themed costumes and the jingle bells on their shoes will most likely sound like Santa's reindeer trotting down the streets of Oshkosh.

Food, water and other entertainment will be provided during the run/walk and those not interested in the race are urged to volunteer during the event. If interested in helping out as a volunteer please call (920) 330-0592.

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