

Study Abroad Packing List

The Essentials!

- airline tickets
- passport
- traveler's checks
- credit card
- Health Insurance Card
- Student ID (required for many entrance fees)
- driver's license
- certified copy of your birth certificate
- copies of documents (passport, etc.)
- money belt/pouch
- relevant pages from guidebook
- itinerary

Pack for a week; stay for a year! Pack clothing that is easy to wash and dry!

- 1 pair dress shoes
- 5 pair socks/nylons; underwear
- 4 dress shirts/4 casual shirts
- 1 suit coat
- 2 pair of dress pants/skirt; 1 pair of casual pants
- pajamas

Wear on the Airplane

- 1 pair **walking shoes**
- 1 pair jeans
- 1 casual shirt
- jacket
- watch

Other Stuff

- 1 plastic grocery bag (short-term programs only)
- alarm clock (battery operated)
- bag for trip home/shopping abroad
- calculator (for currency exchange)
- camera/film
- clothespins for drying clothes, etc.
- compass (for finding your way around!)
- adapter plugs/converter (if necessary)
- comb/brush, (extra contacts/saline solution), deodorant, shampoo, soap, toothbrush, toothpaste
- hand towel
- medications
- laundry detergent
- luggage locks (to be used in hotel rooms)
- sun screen (warm weather climates only)
- Pepto Bismol and/or Imodium (if necessary)
- pocket dictionary/phrase book
- sunglasses
- toilet paper/tissue paper (if necessary)
- UNwrapped gifts (programs with homestays only)
- pocket-sized notebook/journal

***This list assumes that you will wash/dry a few pieces of clothing each night or visit a laundromat approximately once per week. If traveling to a humid location, clothing won't dry overnight.**