

Behavioral Checklist *(points in parenthesis)*

Flute Performance

Getting Ready

- Yes No 1. Entered room with instrument assembled (1)
Yes No 2. Smiled

Holding/Position Fundamentals

- Yes No 3. Feet were flat on the floor (1)
Yes No 4. Sat tall (1)
Yes No 5. Head was erect with slight tilt to right (1)
Yes No 6. Held flute with headjoint parallel with lips (1)
Yes No 7. Held flute at 90 degree angle to face (1)
Yes No 8. Held flute correctly using 4 contact points (2)
(chin, base of L index, R. thumb, R pinky)
Yes No 9. Held flute with all fingers above the keys, curved, and in guide position (2)

Performance Fundamentals

10. Sustained headjoint-alone pitch for 5 sec. with a “p” articulation
Yes No a. headjoint plugged (1)
Yes No b. headjoint open (1)
Yes No c. headjoint plugged – lip across (2)
Yes No 11. Arranged stand and music and began playing without hesitation
Yes No 12. Absence of nervous mannerisms and/or chatter
Yes No 13. Knew playing requirements and location of each without reminder(1)
14. Utilized correct embouchure
a. lips relaxed (lower lip more so than upper) (2)
b. small aperture (2)
c. absence of excessive headjoint pressure against chin (1)
Yes No 15. Took breath through mouth (2)
Yes No 16. Blew with a big sound (2)

Fingering Fundamentals

- Yes No 17. Used basic fingerings correctly
18. Used “special” fingerings correctly
Yes No a. alternate fingerings (f-sharp, b-flat) (2)
Yes No b. right hand down technique (2)
Yes No c. trill fingerings for C to D in 2nd and 3rd octaves (2)
Yes No 19. Third octave fingerings to high G-sharp (relate to lower oct.) (2)

Maintenance

- Yes No 20. Demonstrate swabbing (1)
Yes No 21. Demonstrate cork adjustment (1)
Yes No 22. Demonstrate screw adjustments (1)

Musical Fundamentals *(most relate to exercises, see below)*

- Yes No 23. Played correct rhythm and maintained a steady tempo
Yes No 24. Articulated as marked in music (all unmarked notes legato tongue)
Yes No 25. Played dynamics as marked
Yes No 26. Demonstrated a basic vibrato (2)
Yes No 27. Played without pause (if error, kept going) (2)

Exercises

Major Scales (4)

1. 2.

Chromatic Scale (5)

Exercises (25- distributed according to difficulty of exercises)

1. 2.
3. 4.
5. 6.

Method Book Exercise (5)