

UW
Oshkosh

ACES

Academic & Classified Employee Support

Volume 1, Issue 1

November, 2000

INSIDE THIS ISSUE:

Greetings	1
Mentoring Advisory Committee	1
ACES Profile... Jean Bord	2
ACES Profile... Kathleen Stetter	3
Focus on Wellness	4

The ACES Mentoring Network

The ACES Mentoring Network is a new program sponsored by the Provost's Office. It began in January 2000 to assist classified and academic staff to become familiar with the organizational history and culture of the University, to enhance job satisfaction, to be aware of University resources, and to increase networking. This newsletter is one way to get out the word on the fun things that are happening within the program, to introduce you to those fellow employees participating in the program, and to encourage you to become involved!

We plan on offering the newsletter three times per year, with the following regular stories:

- A profile of both a classified staff member and an academic staff member who are involved in the ACES Mentoring Network
- A "Focus on . . ." column to highlight a University resource you can take advantage of as an UW Oshkosh employee
- A "Sharing Good News!" column for you to share new and exciting things that have happened to you
- Highlighting an event offered through the ACES Mentoring Network

Hope you enjoy this newsletter and please let us know if you have other ideas for articles by e-mailing Barb Sitter at sitter@uwosh.edu.

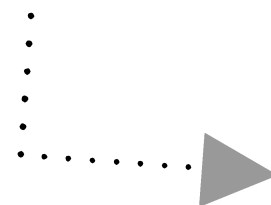
Coming Events

- Campus Tour
November 7, 10:30 a.m.
Meet outside Dempsey 328
Next Tour Date: April 2001
- Group Orientation
November 14, 2:00 p.m.
Contact Sabrina Johnson (e-mail johnsoj) for registration information, Dempsey 328, x1166
- Planning in progress for workshops on "Personalizing Polk Library"

What's the Mentoring Advisory Committee?

It is a group of dedicated academic and classified staff members responsible for recommending the objectives, framework, and activities of the ACES Mentoring Network program, evaluating the program for improvements, and establishing support and advocacy for the program throughout the University community. The current members

of the committee are listed on page 2. Please contact any member if you have questions or want to become involved!



ACES Mentoring Advisory Committee

Name	Location	Phone	E-mail
Susan Barbour	Employee Assistance Program Office	2061	Barbour@uwosh.edu
Jean Bord	Facilities Mgt.	4405	Bord@uwosh.edu
Mary Fabrycki	Bookstore	0277	Fabrycki@uwosh.edu
Jo Fenrich	Admissions	0903	Fenrich@uwosh.edu
Jenna Graff	COBA	0185	Graff@uwosh.edu
Melanie Harring	Academic Advising	2288	Harrim87@uwosh.edu
Becky Kissinger	Student Payroll	1306	Kissinge@uwosh.edu
Liz Norin	Academic Advising	0206	Norin@uwosh.edu
MaryBeth Petesch	COEHS	3323	Petesch@uwosh.edu
Bobbi Reepsdorf	Information Technology	3010	Reeps@uwosh.eldu
Barb Rosenthal	Art Dept.	7060	Rosentha@uwosh.edu
Gwen Steffen	Health Center	2424	Steffen@uwosh.eldlu
Kathleen Stetter	Psychology Dept.	7174	Stetter@uwosh.edu
Ann Vogel	Communication Dept.	7126	Annvogel@hotmail.com
Patti Wild	COBA	3147	Wildp@wosh.edu

Aces Profile... Jean Bord

Jean Bord, an **ACES** Advisory Committee member, began his employment with UW Oshkosh on April 14, 1997. A custodian in the Clow Faculty building, he currently works the 3-11p.m. second shift. Bord has also served the University as a WSEU union steward for the past two years. Since January, 2000, he has also worked a second job, in pre-loading at United Parcel Service. And, Bord enjoys helping with the work at his parents' dairy farm.

Bord was approached by the local WSEU office to serve on the **ACES** Advisory Committee. He has a strong commitment to helping new employees. Bord feels that his involvement in **ACES** has been a very positive experience for him, giving him the opportunity to meet many people on campus. Bord believes the **ACES** program will improve morale and will help solve retention problems. Bord credits a former custodial employee at UW Oshkosh, Linda Veith, with



helping him through being "new on the job."

In November, 1999, Governor Thompson received grant money to gather 40 teams from state agencies to do a presentation in June of this year showing union and management working together. Bord and Shirley Merten were chosen from the University of Wisconsin Oshkosh. Teams presented problems/solutions and were given a recognition dinner at the Governor's Mansion. Each individual received a plaque.

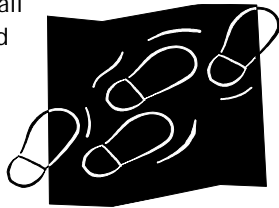
Bord really enjoys working on campus with students and says that he "...feels good about coming to work." He enjoys deer hunting and his dairy farm work very much.

When asked what advice he would give new employees, Bord responded, "Take advantage of the **ACES** orientation and campus tours being given, and do NOT be afraid to ask questions!"

ACES Profile... Kathleen Stetter

Kathleen Stetter, a senior lecturer in the COLS Psychology Department, is a member of the **ACES** Advisory Committee, an **ACES** mentor, an **ACES** mentor leader for a four-member mentor circle, and an **ACES** campus tour leader. Her committee membership, her mentoring and her circle leadership are clear indicators of her commitment to UW Oshkosh and to helping University staff. But adding **ACES** campus tours to her already busy schedule?

"I love to hike. I've hiked all over the world. I've walked an Inca trail in Peru. I walked the west highland trail in Scotland. And I thought, 'A walk around the campus, that's for me! I'll do it.'"



Stetter's association with UW Oshkosh extends back to her undergraduate studies here in the '60's. Immediately after her 1967 graduation, she taught experimental psychology lab sections as an UW Oshkosh faculty assistant. The years following that four-year teaching project found Stetter earning her master's degree in experimental psychology. In 1978 Stetter returned to campus, this time as an instructional academic staff member. She's been here ever since.

Giving several reasons for her involvement in multiple **ACES** activities, Stetter emphasizes the need to help all types of instructional academic staff. Through the **ACES** mentoring process, Stetter believes problems can be prevented. She also thinks that both instructional and non-instructional staff members "...will develop more of a commitment to the University if they have this kind of assistance when they first start. This program sends them a message that says, 'The University cares about you,

and that's why we are doing this. And the University cares about you as a person and about your personal growth.' And I think that message can only come back to the University in terms of a commitment from people who work here in any capacity."

Getting out of her department is one of the benefits Stetter finds about being an **ACES** mentor. Mentoring helps her hear about other departments and broadens her contacts very quickly and very easily, she says. "It's also rewarding to work with new people who are fresh. They have fresh ideas. And it's fun to watch them grow."

When asked what she likes best about working at UW Oshkosh, Stetter responds immediately, "The students! I love the students. I love interacting with young people and helping them achieve their goals."

Stetter adds a second point, "And then, self-development. I have been able to do wonderful things because of my association with the University." Good mentors have often been mentored themselves, and Stetter is no exception. She credits Dr. Lee McCann, COLS psychology faculty member, as being instrumental in mentoring her and helping her grow professionally.



Stetter offers the following advice to new University staff members: "Be open to, and make use of the opportunities here, because there are many. Maintain a positive attitude about what's going on here and look at the wonderful opportunities that are here every day. Try to make use of as many as you possibly can."

SHARING GOOD NEWS!

Submit your "good news" by e-mail to Bobbi Reepsdorf (reeps@uwosh.edu) and we'll place it in the next newsletter in February 2001. Please include your name, your Department/Unit, and the "good news" you'd like to share.



Contributing Editors:

**Jo Fenrich
Beth Heuer
Bobbi Reepsdorf
Linda Repenshek
Barb Sitter
Patti Wild**

We're on the Web!
[www.uwosh.edu/
mentoring](http://www.uwosh.edu/mentoring)

Focus on... Wellness

The University of Wisconsin Oshkosh has several offerings to all Oshkosh faculty, academic and classified staff throughout the year. The **ACES** Mentoring Committee would like to notify the University community of those offerings that are available to all staff this fall!

Fitness Center

Developing and maintaining a positive, healthy lifestyle is not only a wise practice for the present, but a precious investment in your future. All faculty and staff of UW Oshkosh are automatically eligible for a membership to the Fitness Center. The Fitness Center offers you an inviting, pleasant exercise environment complete with carpeting, stereo sound system, and a responsive, fully-trained staff at your service at all times.

The Fitness Center's hours of operation: 6:00 a.m. to 10:30 p.m. on weekdays. The Center is also open 18 hours every weekend.

For more information, please call (920) 424-1245.

The Health Place

The Health Place is a nurse managed clinic that offers health and wellness services on campus. Services are available to all faculty, staff and their families. The Health Place is open on Mondays from 8:30 a.m. to 11:00 a.m. and 12:00 p.m. to 3:00 p.m.

The Health Place offers a range of services including blood pressure checks, glucose and cholesterol screening, physical exams (by nurse practitioners), **flu shots in the fall**, nutritional counseling available by a registered dietitian and other services. Fees are charged for services except the blood pressure check.

The Health Place is located in the lower level of the Nursing Education building in room 20. The phone number is (920) 424-1242. Appointments for various services can be made by calling the Health Place assistant on Mondays, or by leaving a message at other times. The Health Place is staffed by College of Nursing faculty. Some of the nursing faculty are also nurse practitioners. The Health Place has been in operation since 1986, and is a faculty-practice connection.

Health Promotion

All University employees and their spouses are eligible to participate in the University Employee Health Promotion Program (UEHPP). The UEHPP is designed to help participants in the acquisition and practice of positive health and lifestyle behavior through a planned and supervised program of fitness activities. In addition, risk factor modification relating to diet, smoking cessation, hypertension and stress will be addressed.

For more information, please call (920) 424-7141.

The Oshkosh Community YMCA

A 10% annual discount on the membership fee is available to all University faculty and academic staff members who elect to enroll in the program. The annual fee would be prorated depending on the time of year.

For more information contact, the Human Resources Office at (920) 424-1166.