

# Citations

# What is the purpose of a citation?

- ▶ **Give credit** to the original author
- ▶ **Lead the reader** to the specific source for more information.



# What is a Citation Style?

- ▶ A **set of rules** for formatting research.
  - ▶ Citation: order of pieces
  - ▶ Organizing the paper

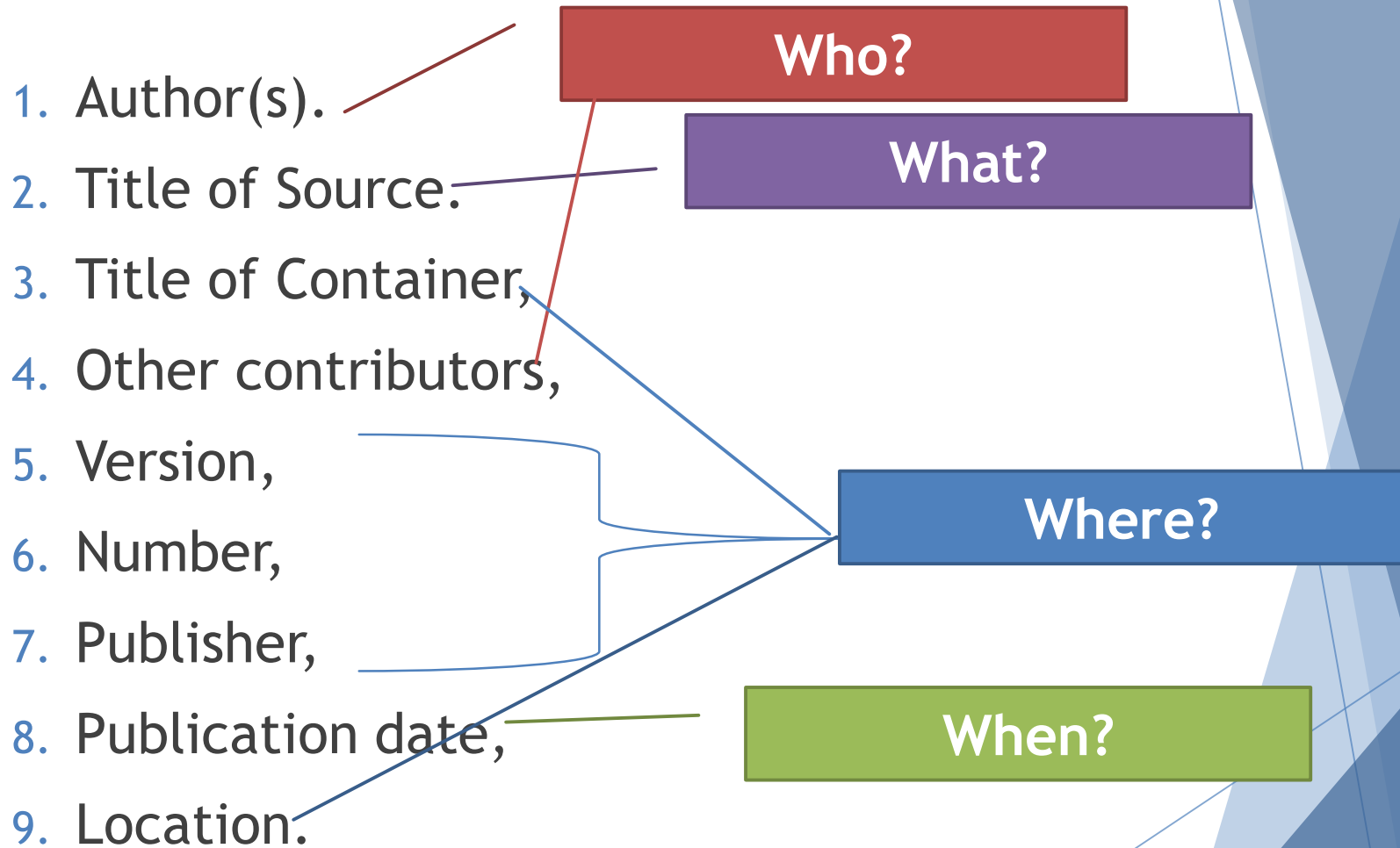
# Citations and Source Evaluation: A Quick Check

Evaluation Questions = Any Style's Basic Citation Info:

- ▶ **Who?:** Author (s)
- ▶ **What?:** Title of source
- ▶ **When?:** Publication date
- ▶ **Where?:** Publication information needed to find the source again.

Your citation should give enough information so that your readers can locate your sources!

# MLA Citation's Core Elements





Searching: **SocINDEX with Full Text** [Choose Databases](#)

sleep

AND ▾

AND ▾

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**Tagler, Michael, et.al. "Predicting Sleep Hygiene: A Reasoned Action Approach." *Journal of Applied Social Psychology*, vol. 47, no. 1, Jan. 2017, pp. 3-12. *SocINDEX with Full Text*, doi:10.1111/jasp.12411.**

◀ [Result List](#) | [Refine Search](#) | 4 of 33 ▶

Predicting **sleep** hygiene: a reasoned action approach.

Authors: Tagler, Michael J.<sup>1</sup>  
Stanko, Kathleen A.<sup>2</sup>  
Forbey, Johnathan D.<sup>1</sup>

Source: *Journal of Applied Social Psychology*. Jan2017, Vol. 47 Issue 1, p3-12. **10p. 6 Charts.**

Document Type: Article

Subject Terms: \*Habit  
\*Sleep -- Psychological aspects  
\*Behavior modification  
Sleep hygiene  
Theory of reasoned action  
Intention  
Rest

**Abstract:** Poor and insufficient **sleep** causes physical, cognitive, emotional, and social impairments. Unfortunately, little is known about the social-cognitive predictors of daily **sleep** habits. The current study examined if **sleep** hygiene could be predicted using the Reasoned Action Model (Fishbein & Ajzen, 2010). Across four studies, the model performed well for the prediction of intentions ( R2s = .63-.75), and also significantly predicted both self-reported ( R2 = .15) and actigraphy-recorded **sleep** duration ( R2 = .11). The results from these studies support the further use of the model toward the goal of designing effective **sleep** hygiene interventions. [ABSTRACT FROM AUTHOR]

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ISSN: 0021-9029

DOI: 10.1111/jasp.12411

Accession Number: 120846004

**Images**

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# Create A Citation - Formatting Check

Tagler, Michael, et.al. “Predicting Sleep Hygiene: A Reasoned Action Approach.” *Journal of Applied Social Psychology*, vol. 47, no. 1, Jan. 2017, pp. 3-12. *SocINDEX with Full Text*, doi:10.1111/jasp.12411.

# In-Text Citations

Avoiding Plagiarism

# When to cite

## Content:

- ▶ **Quotations:** **identical** to the original passage.
- ▶ **Paraphrasing:** putting a passage from source material into **your own words**.
- ▶ **Summarizing:** involves putting **the main idea(s) into your own words**, including only the main point(s).

## In-text citation includes...

- ▶ Author and page number
- ▶ Author and page number
- ▶ Author



# How to Cite In-Text

- ▶ A signal phrase at the beginning of the sentence with page number at end in parentheses.
  - ▶ According to Author, ... (25).
  - ▶ Author says... (25).
- ▶ (Author Page number) at end of sentence