

**K-12 Physical Education Books and Videos
at Polk Library
UW-Oshkosh**

Books:

Adapted Games and Activities: From Tag to Team Building, by Pattie Rouse

EMC: Teaching Ideas GV445 .R68 2004

Beyond Activities: Learning Experiences to Support the National Physical Education Standards: Elementary, by Susan P. Kogut

EMC: Teaching Ideas GV365 .B49 2003

Beyond Activities: Learning Experiences to Support the National Physical Education Standarts: Secondary, by Susan P. Kogut

EMC: Teaching Ideas GV363 .B492 2003

Building Strong Bones and Muscles, by Graham J. Fishburne

EMC: Teaching Ideas GV363 .F57 2005

Celebration Games: Physical Activities for Every Month, by Barbara Wnek

EMC: Teaching Ideas GV443 .W58 2006

Character Education: 43 Fitness Activities for Community Building, by Don R. Glover

EMC: Teaching Ideas LC268 .G56 2003

Game Skills: A Fun Approach to Learning Sport Skills, by Stephanie J. Hanrahan

Main Collection GV363.H28 2000

Games From Long Ago and Far Away, by Thomas J. Carr

EMC: Teaching Ideas GV1203 .C22 2001

Gross Motor Activities for Young Children with Special Needs, by Carol Huettig

EMC: Teaching Ideas GV445 .H84 2005

It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life, by Bane McCracken

Main Collection GV363.M33 2001

A Multicultural Approach to Physical Education: Proven Strategies for Middle and High School, by Rhonda L. Clements
EMC: Teaching Ideas GV363 .C49 2003

Physical Activities for Action: Elementary Level, by Lynn Allen
EMC: Teaching Ideas GV443 .H7825 1997

Physical Activities for Action: Secondary Level, by Lynn Allen
EMC: Teaching Ideas GV443 .H7826 1997

Physical Best Activity Guide: Middle and High School Levels, by Physical Best (program)
EMC: Teaching Ideas GV365 .P49916 2005

Physical Education Unit Plans for Preschool-Kindergarten, by Bette J. Logsdon
EMC: Teaching Ideas GV363 .H8 1997

Principles and Methods of Adapted Physical Education and Recreation, by David Auxter
EMC: Teaching Ideas GV445 .A94 2005

Quality Lesson Plans for Secondary Physical Education, by Dorothy Zakrajsek
EMC: Teaching Ideas GV363 .Z27 2003

Rhythmic Activities and Dance, by John Price Bennett
EMC: Teaching Ideas GV452 .B45 1995

Sport Progressions, by Roy A. Clumpner
EMC: Teaching Ideas GV363 .C495 2003

Station Games: Fun and Imaginative PE Lessons, by Maggie C. Burk
EMC: Teaching Ideas GV363 .B85 2002

Videos:

Active Learning: Cross-curriculum Integration Ideas
EMC: Audiovisual GV443 .A27 2002

A videotape that introduces a variety of activities that will enhance classroom concepts such as reading, math, counting, color/shape associations, and spelling and can be integrated into your PE curriculum!

Athletic Body in Balance

EMC: Audiovisual GV436 .A75 2005

Balance is the key factor in skill training programs and necessary for achieving optimal strength, flexibility, speed and stamina. This video presents assessment tests for finding imbalances in movement patterns and corrective exercises to improve mobility and stability. It also shows how to integrate these exercises into a total sports training program.

Children with Disabilities in Physical Education

EMC: Audiovisual RJ135 .C45 1996

Explores all types of integrated physical education settings and shows how disabled children of all ages can participate in adaptive physical education programs.

Helping Provide a Better Future for the Youth of Today

EMC: Audiovisual GV443 .H457 1999

Through interviews with several physical education professionals, this video discusses the N.A.S.P.E. National Standards for Physical Education as well as the importance of physical education for children. The discussion also includes ways in which principals, teachers and parents can all become involved in providing children with daily opportunities for physical movement. The video cites one of the standards which calls for a minimum of 60 minutes of moderate to vigorous physical activity every day for every child.

No More Dodgeball

EMC: Audiovisual GV443 .N6 1997

This program offers a presentation of the new style of physical education class as practiced in public schools in the cities of Zeeland, Grand Rapids, and Detroit, Michigan. The "new gym" emphasizes individual student activity which is innovative, easy to learn and do, cooperative, non-threatening and non-competitive, and designed to teach and encourage lifelong physical fitness activity. This "new gym" is compared with the "old gym", which focused on team sports and competition, through interviews with students, parents, adults, and physical educators.

Physical Education: Who Needs It? And Why Study It?

EMC: Audiovisual GV342 .P49 1995

A program to inspire students to learn more about the field of physical education and the wide variety of careers available. Through interviews with coaches, professional athletes and physiologists, the program shows how physical education has come to encompass such varied fields as nutrition, biology, physiology, and sports psychology.

Speed for Sports Performance

EMC: Audiovisual GV711.5 .F677 2007

Increase your acceleration, maximum speed, and endurance! Speed for Sports Performance provides the tools to build a program for your specific needs, sports, and goals.

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