

Newsletter for Students, Alumni, and Faculty

Student Spotlight



Athletic Training major, Raeann Bennett, was recently awarded two scholarships: the WATA Mueller Undergraduate Scholarship and the GLATA Z. Mel Blickenstaff Scholarship both related to pursuing a career in sports medicine.

An interview with Raeann revealed some interesting facts about her own experience at UW-Oshkosh.

When asked what made her interested in Athletic Training, Raeann replied, "I knew I wanted something in the health field and I've always been a big sports fan. Athletic training just seemed to match my interests perfectly."

Her experience at UW Oshkosh was, overall, positive- "I've enjoyed being a part of the Athletic Training program, we only have eight students, and we are all pretty close and have every class together, then also clinical hours together, but somehow we aren't sick of each other because we hang out together outside of class all the time."

After graduating from UWO, Raeann plans to go on to graduate school to become a Physical Therapist or work as an Athletic Trainer at the collegiate level.

September, 2011

Kinesiology Update

From the Department Chair:

I took over as the Chair of the Department from Dr. Dan Schmidt on September 1st of this year. Dr. Schmidt had been the Chair of the department since 2001, and a lot has happened since his first day. Under his supervision the department changed its name (twice), split into two departments, developed a new major, achieved an Athletic Training program and accreditation for the next ten years. Clearly, he has been successful. Now Dr. Schmidt is looking forward to getting back in the classroom and laboratory to work more closely with the students.

We also had a retirement over the summer. Sue Polzin retired from the University. Sue has been the backbone of this department since she arrived in 2002. She has guided the instructional staff and student employees and helped us in any way she could. I believe that she has probably helped every person reading the newsletter in a significant way. Sue will still be working for the Human Kinetics and Health Education Department on a part-time basis. If you are ever in the office and you see her, please tell her how much she is appreciated by the department.

We are looking forward to the future as well. We are currently searching for a new department secretary, and next semester we will be searching for a new faculty member. We are excited about hopefully adding these two new members to our team. The Kinesiology Club is already planning events. They are sponsoring a golf outing in October, as well as volunteering at the Granny Smith 5k. The Athletic Training Club is also looking forward to sponsoring future community events.

I hope you find the information in this newsletter interesting and I hope to see you at the Kinesiology Club golf outing on October 8th.

Sincerely,

Dr. Leigh Ann Mrotek, Chair

Department of Kinesiology



Dr. Mrotek
Department
Chair of
Kinesiology

Spring Kinesiology Graduates

Jena Viesselmann
Anna Zelent
Adam Jagodinsky
Megan Albrecht
Nichole Lee
Samantha Mallo
Trevor McCulley
Kevin Menzer
Whitney Moll
Julaine Prescher
Jennifer Schaefer
Ryan Schuessler
Max Zinnen

Summer Kinesiology Graduates

Greg Brosman	Samantha Helgesen
Patrice Martin	Jordan Hooyman
Kristine Konsella	Stacie Jenkins
Julie Schwefel	Ryan Metzger
Ellen Buchanan	Ryan Murphy
Malorie Rivet	Katie Peters
Kathryn Magnor	Kari Reynebeau
Mike Van Hierden	Cortany Shearer
Michaela Woltmann	Kayla Suehs
Ashley Van Boxel	Luke Wirkus
Angela Brukner	Kou Yang
Riann Gast	William Zuengler
Mike Guist	



Front Row- Jena V., Megan A., Julie S., Malorie R.,
Michaela W., Mike V.

Back Row- Greg B., Patrice M., Kristine K., Ellen B.,
Kathryn M., Anna Z., Adam J.

CONGRATS

We would like to recognize the students who have put in their time and effort to proudly say they have graduated from the UW-Oshkosh Kinesiology Department. Great job and good luck in the future!

Winter Athletic Training Graduates:

Heidi (Schmidt) Bohl
Allison Behnke

Spring Athletic Training Graduates:

Benton Rose
Becky Anderson
Melissa Stoller
Trevor Folker
Kaitlin Moriarty
Mason Stentz

It is a huge accomplishment to note that all 8 of those graduates passed their BOC certification exam on the first attempt. We congratulate you, graduates!



Kinesiology Club Golf Outing!

Your Kinesiology Club is sponsoring its' second annual Kinesiology Club Golf Outing at Lake Breeze Golf Course on Saturday, October 8th.

It's a scramble format- teams of 2 and 4 are welcome to play. It is a great time with all proceeds going to support your K Club's activities, speakers, and events that benefit everyone. The deadline for entry is October 1. For more information about the event, please stop by Albee 108 to obtain a flyer.

Come and enjoy your fellow students, faculty, staff and alums for a great round of golf and fun. There will also be prizes raffled off as well!!

Inside the Athletic Training Club:

Complementing the Athletic Training Education Program, the Titan Athletic Training Club at UW Oshkosh had an extraordinary 2010-2011 year, led by officers Amanda Borchardt (President), Mike Piazza (Vice President), Kelly Woehrer (Treasurer), Jen Kellerhuis (Secretary), and Lucy Bouressa (WATA Representative).

One of the activities that the club participated in last year was leading the Athletic Training Workshop, put on for high school students around the state. It was designed to lead students through various hands-on sessions, in which they were introduced to different aspects of the profession. In the end, the high school students went home with an inside view of the program, the profession, a smile and a complementary t-shirt. Other activities include puppy chow sales in the library during finals week, another rained out TimberRattler game, and participation in the famed "Shamrock Shuffle" fundraising event.

The most satisfying event last year was when the club managed to win the 2011 Wisconsin Athletic Trainers' Association (WATA) Public Relations contest for National Athletic Training Month (every year in April). The theme last year, emphasized by the NATA, was "*Not All Athletes Wear Jerseys*", supporting the fact that a Certified Athletic Trainer can work with a wide spectrum of physically-active individuals to treat and prevent injuries. The contest was to develop an advertising campaign for the profession while incorporating the theme. The UW- Oshkosh AT club strategically designed and carried out a plan to provide injury screenings at the local Oshkosh YMCA for all interested members. They were able to promote the profession, the university and the athletic training club. They also had announcements informing the YMCA membership that March was National Athletic Training Month. In addition, the club sold "I "heart" my AT" t-shirts in the University Athletic Training Room as a way of fundraising and athletic training promotion.



Did You Know???

Adding just 30 minutes of walking per day can be enough to prevent weight gain and encourage moderate weight loss.

Up-coming Events and Announcements

- Golf Outing – Oct. 8
- All-Nighter – Nov.
- Kinesiology for Kids
- 3v3 Basketball
- Shamrock Shuffle – Mar.



2011-2012 Kinesiology Club Executive Board

(Front Row- Tori S., Mike S.
Middle Row-Marissa G., Nina C., Kaitlyn S. Becky H.
Back Row- Jake H., Mike K., Kaitlyn T.)

Not a Member of the Kinesiology Club? It's Not Too Late to Join!

The Kinesiology Club invites all students, faculty, and alumni to join in and participate!
And it's FREE!

To become a member...

1. Type "orgsync.com" into your browser.
2. Click the "register here" link.
3. Find "University of Wisconsin—Oshkosh" on the list of schools available and click on the "register now" button.
4. Follow the instructions to create your account.
5. Next, you may choose to enter additional basic information. If not, scroll to the bottom of the page and click Next.
6. Continue to fill out the required information. When finished, scroll to the bottom of the page and click finish. You have now successfully made an orgsync account.
7. Next, click on the "Join an Org" link on the top of the page.
8. Find "Kinesiology Club" and click "Join Now".