

# Charles V. Lindsey, PhD, LPC, PCC, NCC

Department of Professional Counseling  
 College of Education and Human Services, University of Wisconsin Oshkosh  
 800 Algoma Blvd. Oshkosh, WI 54901  
 (920) 424-1475; lindseyc@uwosh.edu

## Education

Doctor of Philosophy in Counselor Education & Supervision Ohio University, Athens, Ohio (CACREP accredited)	June 2005
Master of Arts in Counseling and Personnel Services University of Maryland, College Park, Maryland	May 2000
Bachelor of General Studies Northern Arizona University, Flagstaff, Arizona	May 1990

## Professional Licensure & Certification

Licensed Professional Counselor State of Wisconsin, Dept. of Regulation and Licensing Credential # 3388-125	January 2004 - present
Professional Clinical Counselor Ohio Counselor, Social Worker and Marriage and Family Therapist Board License # E4220	May 2002 - present
School Guidance Counselor (Initial Educator with Stipulations) Wisconsin Department of Public Instruction License # 678226	July 2005 – present
National Certified Counselor National Board for Certified Counselors Certification #78750	July 2004 - present

## Work Experience

### Teaching

<b>Assistant Professor, Department of Professional Counseling</b> The University of Wisconsin, Oshkosh, Wisconsin	September 2005 - present
<ul style="list-style-type: none"> <li>Responsible for teaching core counseling courses in a CACREP-accredited Master's level training program</li> <li>Advise and mentor students</li> <li>Participate in program assessment and development</li> <li>Pursue a wide range of scholarly activities</li> <li>Provide service to the college, university, and larger community</li> <li>Courses regularly taught include: Counseling Process and Lab; Group Counseling Process; Counseling Practicum; and Counseling Internships I &amp; II</li> </ul>	

**Introduction to Psychology (Psych 101)**

Summer Term 2007

Herzing College, Madison, Wisconsin

- Taught an introductory psychology course to undergraduate students from a variety of disciplines
- Focused on conveying fundamental concepts and principles within the field of psychology; experiential learning activities were regularly implemented to enhance student comprehension

**Clinical and School Experience****Counselor**

May 2007 - present

Prairie Counseling Services, Sun Prairie, Wisconsin

- Provide direct clinical counseling service to children, adolescents and adults
- Provide family and system-based interventions as appropriate to treatment
- Conduct intake interviews and develop and maintain treatment plans with clientele
- Work with other service providers and affiliated professionals to offer a holistic approach to client treatment

**Counselor and Wellness Coach**

January 2007 – April 2009

Total Wellness, Sun Prairie, Wisconsin

- Provided clinical counseling to adolescents and adults
- Developed individually-tailored treatment in consultation with other members of a diverse wellness-oriented agency team to enhance overall client functioning
- Implement a sport psychology approach for individuals looking to enhance sport performance

**School Counseling Intern**

Alexander School District, Albany, Ohio

August – October 2004

C.H. Bird Elementary School, Sun Prairie, Wisconsin

November 2004 – May 2005

- Delivered a comprehensive developmental school counseling program (K-5) including individual and group counseling, in-class presentations, and collaborative staff efforts
- Created and presented structured lessons designed to help students achieve desired competencies
- Consulted with school staff, parents, and community resources as necessary
- Collected and assessed outcome data to show the impact of the school counseling program on school improvement and student achievement
- Provided crisis intervention as necessary

**Adult Outpatient Counselor**

July 2003 – August 2004

Tri-County Mental Health and Counseling Services, Athens, Ohio

- Provided direct clinical counseling service to individuals, couples, families, and groups
- Conducted initial diagnostic assessments with clients entering the agency for services
- Developed and maintained treatment plans with clientele
- Worked closely with other service providers in the provision of services; established and cultivated professional liaisons with community caregivers
- Provided consultation and recommendations, as appropriate, to social agencies, schools, courts, etc., regarding case-specific issues and wrote professional reports as needed

**Cardiac Counselor, HeartWorks**

August 2001 – July 2003

Ohio University &amp; O'Bleness Hospital, Athens, Ohio

- Served as the mental health specialist in a comprehensive 12-week cardiac rehabilitation program
- Administered, scored, and interpreted pre/post test battery for all program patients
- Taught stress management and relaxation techniques on a twice weekly basis
- Developed treatment plans for patients in conjunction with a team of medical and health professionals; consulted regularly with this team in creating multidisciplinary approaches to patient care

- Conducted individual counseling with patients in need of additional psychological intervention
- Coordinated monthly psychoeducational lectures highlighting topics of interest for the program
- Created and distributed a quarterly newsletter to past and present program patients highlighting issues of wellness and positive mental health in managing coronary heart disease

**Community Support Coordinator**

November 2000 – August 2001

St. Vincent Family Centers, Columbus, Ohio

- Performed intake procedures for families to assess appropriate delivery of community services
- Modeled advocacy for children & families and encouraged development of family advocacy skills
- Provided strength-based support to youth and families during transitions to facilitate continuity of care
- Prepared individualized service and treatment plans, and completed daily and weekly progress summaries in accordance with Ohio Department of Mental Health and agency standards
- Coordinated evaluations and conferences (academic, psychiatric and psychological) with other community professionals

**Mental Health Technician**

February – November 2000

Harding Hospital, Admission &amp; Crisis Services, Worthington, Ohio

- Assessed patients' requests for admission and crisis services directly and via telephone
- Provided appropriate information and suggestions to patients regarding availability of services and utilization of community resources
- Consulted with clinicians regarding patient needs and acuity of symptoms
- Initiated and maintained client records and coordinated flow of pertinent information between hospitals and community mental health providers

**Psychiatric Hospital Internship**

August 1998 – May 1999

U.S. Army Hospital Department of Psychiatry, Heidelberg, Germany

- Administered intake interviews with incoming patients
- Assessed patients' needs to determine proper psychiatric/psychological assistance
- Organized counseling strategies and developed therapy plans for individuals, adolescents, couples, and families
- Consulted regularly with a team of psychiatrists/psychologists in developing treatment options

**Elderly Daycare Provider**

August 1992 – March 1993

Jewish Home for the Aged, San Francisco, California

- Planned, coordinated, and facilitated daily activities for 30 elderly people
- Organized monthly therapeutic schedules and developed in-service workshops targeting a variety of needs and concerns of the elderly population
- Met regularly with a treatment team to plan individual care plans for participants

**Adolescent Counselor**

September 1991 – August 1992

Youth Homes, El Sobrante, California

- Served as a counselor and administrator for six adolescents in a co-educational group home for the emotionally disabled
- Planned and supervised individual and group therapies for residents
- Oversaw residents' daily schedules and encouraged independent living skills within a therapeutic environment

## **Supervision and Management**

### **Academic Field Advisor**

February - November 1999

University of Maryland European Division, Heidelberg, Germany

- Advised and registered students regarding their academic endeavors in a continuing adult education program within a military community
- Supervised four university Field Offices located within central Germany
- Interviewed, hired and trained Field Representatives
- Developed projected course schedule for future academic terms
- Displayed knowledge of university curriculum, policies, and procedures

### **Area Coordinator**

September 1997 – February 1999

University of Maryland Mannheim Campus, Mannheim, Germany

- Oversaw development of a residential living area of 125 students within an international setting
- Hired, trained and evaluated ten resident assistants within two residence halls
- Supervised six campus security staff members and coordinated campus security operations
- Enforced and interpreted University policies through student discipline meetings
- Trained hall staff on programming, community development, academic success, and communication skills
- Designed and oversaw developmental programming efforts within the residence halls
- Advisor to the Phi Theta Kappa Honor Society and Soccer Club

### **Field Representative**

August 1996 – September 1997

University of Maryland European Division, Mannheim, Germany

- Assisted students in their academic endeavors within a continuing adult education program
- Registered and advised students on a variety of academic majors and certifications
- Acted as a liaison between the university and the Army Education Center
- Created and facilitated university recruitment programs for community presentations
- Collaborated frequently with a variety of university offices

### **Public Affairs Coordinator**

March 1993 – August 1995

St. Matthias Kolleg, Tunsdorf, Germany

- Co-created an international MBA program and international marketing campaign
- Created and delivered university multi-media presentations in Europe, North and South America
- Worked closely with the German and International press regarding university developments
- Addressed inquires from prospective international students
- Created the first university catalog and edited the quarterly university newsletter

## **Scholarly Activity**

### **Presentations (post – PhD)**

Lindsey, C.V. (2011, October – under review). *Oh the Places We Might Go: The Case for Infusing Study Abroad Experiences into Counselor Education Curriculum*. Submitted for the Association for Counselor Education and Supervision National Conference; Nashville, TN, October 26-30, 2011.

Lindsey, C.V. (2011, January). *Counseling and Guidance: Mental Health Practices in Indian and Western Cultures*. Delivered as a keynote address during a visit to Dayalbagh Education Institute in Agra, India.

Lindsey, C.V., & Saginak, K. (2010, October). *A Qualitative Investigation of Counselor Development*. Presentation delivered at the North Central Association for Counselor Education and Supervision Regional Conference, Chicago, IL.

- Lindsey, C.V., & Reljic, R. (2010, October). *Pre-tenured Counselor Educators and Engagement in Clinical Practice: Results of a National Survey*. Presentation delivered at the North Central Association for Counselor Education and Supervision Regional Conference, Chicago, IL.
- Lindsey, C.V., Reljic, R., & Protivnak, J. (2009, October). *The Development of Counseling Skills and Relational Competencies for Pre-tenured Counselor Educators: How Supportive is the Academy of Junior Counseling Faculty Engaging in Direct Counseling Practice?* Presentation delivered at the Association of Counselor Education and Supervision National Conference, San Diego, CA.
- Lindsey, C.V., Saginak, A., Saginak K., Scofield, T., Reljic, R., & Harper, A. (2009, October). *The Transformative Power of Practicing What We Teach: Modeling Care and Connection as a Department*. Presentation delivered at the Association of Counselor Education and Supervision National Conference, San Diego, CA.
- Lindsey, C.V. (2009, March). *Exploring mindfulness-based practices in counselor preparation: Implications from initial research*. Presentation accepted at the American Counseling Association World Conference, Charlotte, NC.
- Lindsey, J., Lindsey, C.V., & Struve, U. (2008, June). *Rising concerns for the field: Working with study abroad students challenged with mental health issues*. Presentation delivered at The BUTEX 8<sup>th</sup> International Conference, Queen's University Belfast, Ireland.
- Lindsey, C.V. (2008, March). *College students and the study abroad experience: Implications for college counselors*. Presentation delivered at the American Counseling Association International Conference, Honolulu, HI.
- Lindsey, C.V. (2008, February). *My experience at Auschwitz: A day that changed who I am*. Presentation delivered at Oshkosh West High School Global Awareness Week, Oshkosh, WI.
- Lindsey, C.V. (2007, October). *Teaching mindfulness-based practices to counselors-in-training: Implications from initial research*. Presentation delivered at the Association for Counselor Education and Supervision National Conference, Columbus, OH.
- Lindsey, C.V. (2007, October). *Live, bug-in-the-ear supervision compared with traditional, post-session supervision among counselors-in-training: An empirical investigation*. Presentation delivered at the Association for Counselor Education and Supervision National Conference, Columbus, OH.
- Lindsey, J., Lindsey, C.V., Graff, J. (2007, October). *Mental health concerns in education abroad: An experiential approach to addressing best practices*. Presentation delivered at The Global Education 2007: Best Practices in International Education Conference, Green Lake, WI.
- Lindsey, J., Lindsey, C.V., & Struve, U. (2007, May). *Addressing mental health issues: Implications for study abroad*. Presentation delivered at The Association for International Education (NAFSA) International Conference, Minneapolis, MN.
- Lindsey, J. & Lindsey C.V. (2007, May). *Practical strategies for addressing mental health issues for study abroad*. Presentation delivered at The Global E3 Conference, Chicago, IL.
- Lindsey, J. & Lindsey, C.V. (2006, November). *Developing effective strategies for addressing student mental health concerns*. Presentation delivered at The Association for International Education (NAFSA) Region V Conference, Madison, WI.
- Lindsey, C.V. & Wilson, N. (2006, October). *Promoting the journey within: Utilizing mindfulness and self-awareness activities in counselor supervision*. Presentation delivered at the North Central Association for Counselor Education and Supervision (NCACES) Regional Conference, Kansas City, MO.

- Lindsey, C.V. (2006, October). *The intentional use of popular film in counselor education: Enlivening social and professional issues through experiential meaning-making*. Presentation delivered at the North Central Association for Counselor Education and Supervision (NCACES) Regional Conference, Kansas City, MO.
- Wilson, N., Lindsey, C.V., & Davis, T. (2005, October). *Lessons for school: How school counselors and counselor educators can successfully integrate supervision approaches*. Presentation delivered at the Association for Counselor Education and Supervision (ACES) National Conference, Pittsburg, PA.

### **Presentations (pre – PhD)**

- Lindsey, C.V. (2005, April). *Outcome research and counseling practice: Learning to demonstrate accountability*. Presentation delivered at the Wisconsin Counseling Association (WCA) state conference, Stevens Point, Wisconsin.
- Protivnak, J. & Lindsey, C.V. (2005, April). *A constructivist framework for practitioner-focused outcome research*. Presentation delivered at the American Counseling Association (ACA) international conference. Atlanta, Georgia.
- Lindsey, C.V. (2004, November). Keynote Address: Increasing Awareness of Current Issues that Impact Counselors.” East Central Wisconsin Counseling Association Conference. Kimberly, Wisconsin.
- Protivnak, J. & Lindsey, C.V. (2004, November). “Emphasizing the Change Process Through Constructivist Approaches in Counseling: Using the ‘Curious and Inquisitive’ Elements of Narrative and Solution-Focused Therapies in Guiding Outcome Research.” All Ohio Counselors Annual Conference. Columbus, Ohio.
- Lindsey, C.V. & Protivnak, J. (2004, October). “Through a Constructivist Lens: Implications for Counselor Educators in Expanding Outcome Research in Counselor Training and Community Outreach.” North Central Association for Counselor Education and Supervision Conference. Saint Louis, Missouri.
- Evans, S., Lindsey, C.V., & Hudson, D.B. (2004, October). “Social Action in the Counseling Profession: The Role of Counselor Education Programs in Training Counselors to be Effective Change Agents within their Communities.” North Central Association for Counselor Education and Supervision Conference. Saint Louis, Missouri.
- Protivnak, J. & Lindsey, C.V. (2004, September). “Demonstrating Your Value to Stakeholders: A Constructivist Approach to Outcome Measurement.” Chris Buck & Associates Training Institute. Lancaster, Ohio.
- Lindsey, C.V. & Janson, G.R. (2003, March). “Cardiac Counseling: Clinical Opportunities, Standards, and Interventions.” American Counseling Association World Conference. Anaheim, California.
- Igelman, C. & Lindsey, C.V. (2003, March). “Cultural Competency: Are We as Culturally Sensitive as We Think?” American Counseling Association World Conference. Anaheim, California.
- Lindsey, C.V. & Janson, G.R. (2002, November). “Cardiac Counseling: The Role of the Counseling Profession in Collaboratively Treating the Leading Cause of Death in Adult Americans.” All Ohio Counselors Annual Conference. Columbus, Ohio.
- Lindsey, C.V., Sebera, K., Blevins, W., Evans, S., Stern, S.I., & Hudson, D. (2002, November). “The Counselor’s Compass: Employment Considerations for Those Embarking on the Journey as a Counselor in Ohio.” All Ohio Counselors Annual Conference. Columbus, Ohio.

- Igelman, C., Leinbaugh, T., Lindsey, C.V., Sebera, K., & Stern, S.I. (2002, November). "Cultural Competency: Are We as Culturally Sensitive as We Think?" All Ohio Counselors Annual Conference. Columbus, Ohio.
- Igelman, C., Leinbaugh, T., Hill, N., Lindsey, C.V., & McGlothlin, J. (2002, October). "The Evolution of a Doctoral Student." Association for Counselor Education and Supervision National Conference. Park City, Utah.
- Igelman, C., Leinbaugh, T., Lindsey, C.V., Sebera, K., & Stern, S.I. (2002, October). "Poster Session: Electromyography and Electrodermal Activity as a Measure of Potential Cultural Bias Amongst Mental Health Counselors In Training." Association for Counselor Education and Supervision National Conference. Park City, Utah.
- Igelman, C., Leinbaugh, T., Hill, N., Lindsey, C.V., & McGlothlin, J. (2001, October). "Poster Session: The Evolution of a Doctoral Student." North Central Association for Counselor Education and Supervision Conference. Chicago, Illinois.
- Bullis, D. J. & Lindsey, C.V. (2000, March). "Building a Safe World Through Our Youth." American Counseling Association World Conference. Washington, D.C.

### **Workshops and Seminars**

- Session panelist, Wisconsin Counseling Association Fall Summit (2010, November). *Ethical and legal considerations of supervision; Issues specific to Wisconsin statutes, dual relationships, competency, confidentiality and informed consent, liability and malpractice, and record keeping.*
- Program review and training; UW Madison site program in Varanasi, India (2010, July). *Working with American study-abroad students in crisis: Intervention skills for on-site staff in India (continued).*
- University of Wisconsin Madison (2009, January) – Office of International Education. *Advising, counseling, and enhancing intervention skills: Implications for study-abroad professionals.*
- Program review and training; UW Madison site program in Varanasi, India (2009, January). *Working with American study-abroad students in crisis: Intervention skills for on-site staff in India (continued).*
- University of Wisconsin Madison (2008, June) – Office of International Education. *Working with American study-abroad students in crisis: Intervention skills for on-site staff in India.*
- University of Wisconsin Madison (2006, October) – Office of International Education. *Utilizing basic counseling skills in working with students: Implications for study-abroad professionals.*
- Sun Prairie Area School District, Elementary School Counselor Quarterly Meeting (2005, December). *New directions and opportunities in the school counseling profession in Wisconsin.*
- University of Wisconsin Oshkosh (2005, December) - Colloquia lecturer, College of Education and Human Services. *Critical awareness and meaning-making: Cultivating personal strength in learning enhancement and achievement.*
- University of Wisconsin Oshkosh (2005, March) - Guest lecturer, Assessment Techniques course, College of Education and Human Services. *Expanding outcome research in counselor training and community outreach.*

- Ohio University (2003, February) - Guest lecturer, Human Relations course, College of Education. *Following Your Bliss.*
- Ohio University (2002, September) - Rho Gamma sorority workshop series. *Attending skills enhancement: Toward a stronger chapter.*
- Ohio University (2002, September) - Graduate student developmental training, Office of Student Activities. *Listening to college students.*
- Ohio University (2002, July) - Guest lecturer, Death and Dying course, College of Health and Human Services. *Euthanasia and physician-assisted suicide.*
- Ohio University (2002, March) - Guest lecturer, Human Relations course, College of Education. *Managing stress in the workplace.*
- Ohio University (2002, March) - Professional Development series, Office of Student Activities. *Remembering your breathing and other stress management techniques.*
- Ohio University (2002, November) - Guest lecturer, Human Relations course, College of Education. *What pushes your buttons?*

## **Grants**

- Spring 2010 – University of Wisconsin Faculty Development Grant, FDR601 – denied due to double blind violation; resubmitted fall 2010.
- Spring 2009 – University of Wisconsin Faculty Development Grant, FDR529.
- Association for Counselor Education and Supervision (ACES) Research Grant. An award of \$1000.00 awarded March 2007.
- The University of Wisconsin Oshkosh, author of lab modification grant for the Department of Professional Counseling. A grant of \$120,000.00 awarded on July 1, 2008.
- Ohio University College of Education, Gilford W. Crowell Memorial Doctorate Fellowship. An award of \$1,000.00 granted in Summer 2005.
- Ohio University College of Education, Graduate Student Travel Grant. An award of \$300.00 granted each Spring, 2002, 2003, 2004, 2005.
- Ohio University College of Education, Graduate Study and Educational Research Grant. An award of \$1,000.00 granted in Spring, 2005.

## **Publications**

Lindsey, C.V. (2010). *Using Popular Film as a Pedagogic Tool in Training Future Counselors*. Saarbrücken, Germany: VDM Verlag.

Kolodinsky, P., Lindsey, C., & Young, M. (2010 – under review). Analysis of supervision modalities utilized in CACREP on-campus clinical training programs. *Professional Issues In Counseling*.

- Lindsey, C.V. (2010 – under review). Infusing Buddhism and mindfulness into psychotherapy practice. [Review of the book *The Courage to be Present: Buddhism, Psychotherapy, and the Awakening of Natural Wisdom*]. The Michigan Journal of Counseling.
- Lindsey, C.V., Reljic, R., & Protivnak, J. (2010 – In preparation). Pre-tenured counselor educators and engagement in clinical practice: Results of a National Survey. *Counselor Education and Supervision*.
- Lindsey, C.V. (2011 –in preparation; due 3/15/11). Integrating religious and spiritual issues into CACREP-core courses. Developed as a teaching module for the on-line, peer reviewed website of the *Association for Spiritual, Religious, & Ethical Issues in Counseling (ASERVIC)*.
- Kolodinsky, P., Schroder, V., Draves, P., Lindsey, C.V., & Zlatev, M. (2009). Reported levels of satisfaction and frustration by Arizona school counselors: A desire for greater connections with students in a data-driven era. *Professional School Counseling, 12*(3), 193-199.
- Young, M., Lindsey, C.V. & Kolodinsky, P. (2008). The role of live supervision in counselor education training clinics. In K.A. Mobley & J.E. Myers (Eds.), *Developing and maintaining counselor education laboratories* (2nd ed.). Alexandria, VA: Association for Counselor Education and Supervision.
- Lindsey, C.V. (2008). The ASCA national model in the elementary school. In C. T. Dollarhide & K.A. Saginak (Eds.), *Comprehensive school counseling programs: K-12 delivery systems in action* (pp. 224 – 237). Boston, MA: Allyn & Bacon.
- Lindsey, C.V. (2007). The instinct to heal: Curing stress, anxiety and depression without drugs and without talk therapy. [Review of the book *The instinct to heal: Curing stress, anxiety and depression without drugs and without talk therapy*]. *The Wisconsin Counseling Journal, 21*, 43.
- Lindsey, C.V. (2002, Fall). An Introduction to Cardiac Counseling. *Ohio Counseling Association, Guidelines, 29* (1), 6.
- Lindsey, C.V. (1999, Fall). The Auschwitz Journey. *European Branch/American Counseling Association Journal, Neues Perspectives, 11-12*.

### **Editorial Experience**

- Guest Editor, Wisconsin Counseling Journal, 2009-2010
- Reviewer, Wisconsin Counseling Journal, 2007 - present
- Reviewer, Professional School Counseling, 2005 – present; appointment through 2011.
- Professional Development Plan Trained Reviewer, Wisconsin Department of Public Instruction IHE Representative, 2005 - present
- Graduate Student Reviewer, Journal of College Counseling, April 2003 – January 2004

### **Scholarly Advisor**

- Krohn, Amanda – *Proactive Risk management for Student Activities Event Planning at the University of Wisconsin Oshkosh*. Undergraduate Honors Thesis, Fall 2009.

**New Courses Developed (2010-2011)**

- ***PRFL CNSL XXX - Wellness, Spirituality, and Mindfulness in Counseling ( 3 credits); projected spring 2012.*** This course has yet to be given a numerical code; the course has been developed as one of four additional courses that will be infused into the 60-hour clinical mental health emphasis within our department.
- ***PRFL CNSL 724 – Exploring Counseling, Culture, & Spirituality in India (3 credits); winterim 2011.*** This is a study abroad course (2 weeks) to India that will occur initially in January, 2011. This is the first study-abroad course offered through the Department of Professional Counseling.
- ***PRFL CNSL 796 Independent Study - Marriage and Couples Counseling (2 credits); spring 2010.*** This was an independent study course developed with a community counseling emphasis student who had a particular interest in marriage and couples counseling.

## Service

**Professional Memberships**

## American Counseling Association (ACA)

- Member, 1997 – present
- Key Legislative Contact for Wisconsin, 2007 – present
- Member, Professional Standards Committee, 2005-2006
- Student Volunteer, ACA World Conferences, 2000; 2002; 2004

## American School Counselor Association (ASCA)

- Member, 2004 - present

## Association for Counselor Education and Supervision (ACES)

- Member, 2001- present

## Chi Sigma Iota (CSI) - International Counseling Honor Society

- Faculty Advisor, Omega Sigma Eta Chapter, 2005 - 2007
- Doctoral Student Member-At-Large, CSI Alpha Chapter, 2001-2003
- Vice-President, CSI Epsilon Beta Chapter, 1998-1999

## Counseling Association for Humanistic Education and Development (C-AHEAD)

- Member, 1997-present

## North Central Association for Counselor Education and Supervision (NCACES)

- Member, 2001 - present
- Member At Large, 2008-2009
- Member, 2007 Awards Committee

## Wisconsin Counseling Association (WCA)

- President, 2007-2008
- Chair, Professional Development, 2005-2007
- Chair, Annual Fall Summit – 2006-2008
- Guest Editor, *Wisconsin Counseling Journal* (2009 – 2012)
- Member, 2004-present

## Wisconsin School Counselor Association

- Member, 2004-present

### **Committee/Consultation Involvement; Volunteerism**

- Wisconsin Department of Regulation and Licensing, Professional Counselor Board Member, Jan. 2010 – present
- New Faculty Interest Network (NFIN), WI state ambassador, 2007 - present
- Advisory Panel Member - Northeast Wisconsin Technical College (NWTC) Counseling Center Restructuring Plan, June 2010 – present
- Faculty Search Chair: Dept of Counselor Education, UWO (department), Spring 2007
- Allocations Committee (COEHS representative), UWO (university), 2010 – present
- Internationalization/Globalization Committee (COEHS), 2010 - present
- Culture and Diversity Committee (COEHS), UWO, 2005 – 2008
- Professional Education Council (COEHS & COLS), UWO, 2005 - present
- Student Conduct Panel, UWO (university), 2006 - present
- LGBTQ Council, UWO (university), 2007 – 2009
- School Counselor Consultant, Sun Prairie Unified School District, 2005 - present
- Coalition of Wisconsin Mental Health Providers, Wisconsin Counseling Association Representative, 2006 - 2009
- Professional Development Plan Trained Reviewer, IHE Representative, 2005 – present
- ACA Mental Health Volunteer. Deployed to Northern Illinois University (NIU) campus, Feb. 2008
- American Red Cross Disaster Mental Health Volunteer – 2007 – present.
- Volunteer – Tenshug (Long Life Celebration for His Holiness the Dalai Lama); July 19-24, 2008; Madison, Wisconsin
- Schengen Peace Foundation, Scientific Advisory Board Member (international), 2010 - present
- Soccer coach (first and second grade girls) – Sun Prairie Soccer Club, Jan. 2010 - present

### **Honors and Awards**

- Exemplary Service Award, Wisconsin Counseling Association, 2009
- J. Melvin Witmer Creative Altruism Award, Ohio University, 2003
- Exemplary Service Award, Chi Sigma Iota, Alpha Chapter, 2003
- Counseling Intern of the Year, European Branch of American Counseling Association, 1999