

**KELLI A. SAGINAK, Ed.D.**

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**EDUCATION**

Ed.D. Counselor Education and Counseling (CACREP), May 1997, Idaho State University,  
Department of Counseling, Pocatello, ID

M.A. Counseling, May 1989, Rollins College, Winter Park, FL

B.S. Psychology, June 1986, University of Central Florida, Orlando, FL

**FACULTY EXPERIENCE**

**Associate Professor**, *Department of Counselor Education, University of Wisconsin Oshkosh,*  
Oshkosh, WI (September 2004-present)

- ✚ School Counseling Coordinator
- ✚ Admission's Chair

**Adjunct Faculty**, *Department of Counselor Education, University of Wisconsin Oshkosh,*  
Oshkosh, WI (June 2002-August 2004)

**Assistant Professor**, *Department of Counselor Education, University of Wisconsin Oshkosh,*  
Oshkosh, WI (June 1997-June 2002)

**OTHER TEACHING EXPERIENCE**

**Doctoral Teaching Assistant**, *Department of Counseling, Idaho State University,*  
Pocatello, ID (September 1995 - May 1997)

**Middle School Teacher**, *Meadowbrook Middle School, Orange County Public Schools,*  
Orlando, FL (September 1990 – June 1991)

**COUNSELING EXPERIENCE**

**Counseling Practicum**, *Counseling and Testing Center, Idaho State University, Pocatello, ID*  
(September 1996 - May 1997)

**Group Counselor**, *Portneuf Practice and Associates*, Pocatello, ID (June 1996 – August 1996)

**School Counselor**, *Pocatello Evening High School*, Pocatello, ID (September 1995 – June 1996)

**Mental Health Counselor**, *Rexburg Counseling Services*, Rexburg, ID (September 1995 – May 1996)

**School Counselor**, *Forest High School, Marion County School System*, Ocala, FL (September 1991 – January 1992) – specialized in AODA prevention services.

**School Counselor**, *Meadowbrook Middle School, Orange County Public Schools*, Orlando, FL (September 1990 – June 1991) – specialized in AODA prevention services.

**EAP Counselor**, *Traveler's Insurance Corporation*, Orlando, FL (June 1989 – August 1989)

**Counseling Intern**, *Eating Disorders Unit, Orlando General Hospital*, Orlando, FL (January 1989 – May 1989)

**Mental Health Technician**, *West Lake Hospital*, Longwood, FL (October 1985 – February 1987)

### **CONSULTATION EXPERIENCE**

**Consultant**, *West Bend Joint School District*, West Bend, WI (November 1998)

**Consultant**, *Early Learning Center, Idaho State University*, Pocatello, ID (September 1996 - May 1997)

### **ADMINISTRATIVE EXPERIENCE**

**Drug-Free Schools Specialist**, *Marion County School System*, Ocala, FL (January 1992 – June 1995)

### **PROFESSIONAL SERVICE**

EAP PR Committee, UWO, 2005 – 2008

Gender Equity Council, UWO, 2005 – 2010

✚ Chair, Policies Subcommittee, 2008

✚ Co-Chair, 2009 – 2010

✚ Website, 2009 – 2010

American Democracy Project Committee, UWO, 2008

Curriculum Committee, COEHS, UWO, 2004 – present

Library Committee, COEHS, UWO, 2005 – 2007

Admissions Committee, Department of Counselor Education, UWO, 1997 – present

✚ Chair, 2004 – present

Interview Column Editor, *The Family Journal*, 1998 – 2000  
 Editorial Board, *The Family Journal*, 1996 – present  
 Editorial Board, *Wisconsin Counselor*, WCA, 2007 – present  
 Editorial Board, *Professional School Counselor*, 2007 – present  
 Lighted School House Advisory Board, OASD, 2006 – present  
 Comprehensive School Counseling Advisory Committee, OASD, 2008 – present

### **PROFESSIONAL MEMBERSHIPS**

American Counseling Association (ACA), 1997 – present  
 Association for Counselor Education and Supervision (ACES), 1997 – present  
 Association for Specialists in Group Work (ASGW), 2004 – 2009  
 American School Counseling Association (ASCA), 1997 – present  
 North Central Association for Counselor Education and Supervision (NCACES), 1997 – present  
 Wisconsin School Counseling Association (WSCA), 1997 – present  
 Wisconsin Counseling Association (WCA), 1997 – present  
 ✚ Newsletter Editor, 2008 – present  
 ✚ Website, 2009 – present  
 International Association for Marriage and Family Counselors (IAMFC), 1997 – 2002

### **PROFESSIONAL AWARDS**

Education Advocate, Friend of Education, Webster Stanley Elementary, June 2006  
 Outstanding Writing Award, WCA, 1998  
 Graduate Student Research Grant, Idaho State University, 1996

### **PRESENTATIONS**

Lindsey, C. V., & Saginak, K. (2011). *Oh the Places We May Go: The Case for Infusing Short-Term Study-Abroad Programs into Counselor Education Curricula*. ACES National Conference, Oct. 26-30, 2011, Nashville, TN.

Lindsey, C. V., & Saginak, K. (2010). *A Qualitative Study of Counselor Development*. NCACES Conference, Oct. 14-18, 2010, Chicago, IL.

Lindsey, C., Saginak, A., Saginak, K., Reljic, R., (2009). *The Transformative Power of Practicing What We Teach: Modeling Care and Connection as a Department*. ACES Conference, Oct. 14-18, 2009, San Diego, CA.

Reljic, R., & Saginak, K. A. (2009). *Creating Transformative Relationships with Students: Taking the Leap from Sage to Guide*. ACES Conference, Oct. 14-18, 2009, San Diego, CA.

Saginak, K., Dollarhide, C., Gibson, D. (2009). *Transforming School Counselors into Leaders*. ACES Conference, Oct. 14-18, 2009, San Diego, CA.

- Reljic, R., & Saginak, K. A. (2009). *Increasing Student Learning Outcomes In-Class and On-Line*. 2<sup>nd</sup> Annual SoTL Commons Conference, March 10-13, 2009, Statesboro, GA.
- Saginak, K. A., Scofield, T., & Reljic, R. (2009). *Remembering Who You Are: Self-Efficacy*. Appleton Area School District, School Counselor Meeting, January 22, 2009, Appleton, WI.
- Saginak, K. A. (2008). *School Counselor Leadership: What's Your Style*. 2008 Wisconsin Counseling Association Summit, November 4, Wisconsin Rapids, WI.
- Dollarhide, C. T., Gibson, D. M. & Saginak, K. A. (2008). *School Counselors as Leaders*. ASCA 2008 Annual Conference, June 28-July 1, Atlanta, GA.
- Gillen, M. & Saginak, K. A. (2008). *Five Things You Should Know About Assessment*. 2008 Annual Minnesota School Counseling Conference, May 5-6, Brainerd, MN.
- Saginak, K. A. (2007). *Best Practices in Group Leadership: Conceptualizing Group Process and Member Issues*. 2007 Wisconsin Counseling Association Summit, November 1, Wisconsin Rapids, WI.
- Saginak, K. A. (2007). *Service-Learning in Counselor Education: An Innovative Method for Developing School Counselor Competencies*. ACES 2007 Conference, October 10-14, 2007, Columbus, OH.
- Saginak, K. A. (2007). *Group Leadership Development: Results of a Qualitative Investigation of the Stages of Group Development and Leadership Skill Development*. ACES 2007 Conference, October 10-14, 2007, Columbus, OH.
- Saginak, K. A., Gillen, M., & Weege, E. (2007). *Hot Topics for Graduate Students: Getting Licensed and Getting Hired*. Wisconsin School Counseling Conference, February 2007, Stevens Point, WI.
- Saginak, K. A., Spear, G., & Menning, T. (2006). *Hot Topics for Graduate Students*. Wisconsin School Counseling Conference, February 2006, Stevens Point, WI.
- Gundlach, M., & Saginak, K. (2006). *Connecting Higher Education & Public Schools: Reseeding the Future*. The State Superintendent's PK-16 Institute on Service-Learning and Citizenship and the Dialogues with Democracy Conference, February 2, 2006, Madison, WI.
- Farrell, C. A., Saginak, K. A., Kline, W. B., & Bray, A. L. (2005). *Resistance to Experiential Learning: Integrating the Small Group Experience into Counselor Training*. 2005 ACES National Conference, October 20-23, 2005, Pittsburgh, PA.
- Saginak, K. A., (2005). *Service-Learning in Counselor Education: Creativity, Collaboration, and Change*. 2005 ACES National Conference, October 20-23, 2005, Pittsburgh, PA.

- Dollarhide, C. T., & Saginak, K. A. (2005) *Leadership with Administration: Securing Administrative Support for Changing Your Program into a Model of Success*, ASCA 2005 Annual Conference, June 26-29, 2005, Orlando, FL.
- Saginak, K. A. (2005) *Students Talking About Respect: A Civic Engagement Service Learning Project*, Gulf-South Summit on Service-Learning and Civic Engagement, through Higher Education, April 6-8, 2005, Cocoa Beach, FL.
- Hill, K. S., & Saginak K. A. (2005). *Project STAR: Students Talking About Respect – A Collaborative Community Project*. 16<sup>th</sup> Annual National Service-Learning Conference, March 16-19, 2005, Long Beach, CA.
- Saginak, K. A. (2004). *Managing Your School Counseling Program*. First Year/Initial School Counselor Annual Conference, Wisconsin Dells, WI.
- Saginak, K. A. (2004). *Risking-Taking and Meeting Challenges: Steps Toward Leadership*, WWHEL Brown Bag Seminar, University of Wisconsin Oshkosh.
- Dollarhide, C. T., & Saginak, K. A. (2000). *Family Systems for School Counselors: Theory Updates & Practice*. Wisconsin School Counseling Association Annual Conference, Stevens Point, WI.
- Peeples, K. A. (1998). *Narcissism and the Family: An Object Relations Perspective*. Wisconsin Counseling Association Annual Conference, Whitewater, WI.
- Gompertz, K. A. (1997). *Conflict Resolution: How We Manage Conflict*, Wisconsin Counseling Association Annual Conference, Madison, WI.
- Gompertz, K. A. (1996). *The Enculturation Model: A Generic, Culturally-Sensitive Approach to Multicultural Counselor Education*, College of Health Professions Research Day, Idaho State University, Pocatello, ID.

## **PUBLICATIONS**

### *Peer Reviewed*

- Dollarhide, C. T., Gibson, D. M. & Saginak, K. A. (2008). New counselors' leadership efforts in school counseling: Themes from a year-long qualitative study. *Professional School Counseling, 11(4)*, 262-271.
- Saginak, K. A. (2009). *Using grounded theory to understand the development of group leadership*. Manuscript in process.

- Saginak, K. A., Scofield, T., & Foege, A. (2007). *Differences between faculty and students' perceptions of critical thinking and the effects of instructional strategies on the development of critical thinking skills*. Manuscript in revision.
- Saginak, K. A. (2007). *Service-learning in counselor education: An innovative method for developing school counselor competencies*. Manuscript in revision.
- Saginak, K. A., & Dollarhide, C. T. (2006, July 18). Leadership with administration: Securing administrative support for transforming your program. *Journal of School Counseling*, 4(10), <http://www.jsc.montana.edu/articles/v4n10.pdf>.
- Saginak, K., A., & M. A., Saginak (2005). Balancing work and family: Equity, gender, and marital satisfaction. *The Family Journal*, 11(X), April, 2005.
- Saginak, K. A., & Allen, V. (2004). Comparison study of multicultural training approaches on counselors' level of multicultural competence. *The Wisconsin Counselor*, 20, 29-35.
- Saginak, K., & Morrison, K. (2000). Professional development: An act of encounter. *The Wisconsin Counselor*, 19(1), 39-42.
- Peeples, K. A. (2000). Interview with Charles R. Figley: Burnout in families and implications for the profession. *The Family Journal*, 8(2), 203-206.
- Schliebner, C. T., Peregoy, J. J., & Gompertz, K. A. (1997). Behind closed doors: Realities, issues, and interventions for school counselor working with gay, lesbian, and bisexual youth. *The Journal for the Professional Counselor*, 12(1), 33-46.
- Kleist, D., and Gompertz, K. (1997). Qualitative research in family therapy: A literature review. *The Family Journal*, 5(2), 137-144.
- Gompertz, K.A., (1997). *Comparison of multicultural training models on counselors' level of multicultural competence*. Dissertation Abstracts International. (University Microfilms).

### Textbooks

- Dollarhide, C. T., & Saginak, K. A. (2012) *Comprehensive school counseling programs: K-12 delivery systems in action (2<sup>nd</sup> ed.)*. Boston: Pearson.
- Dollarhide, C. T., & Saginak, K. A. (2008). *Comprehensive school counseling programs: K-12 delivery systems in action*. Boston: Allyn & Bacon.
- Dollarhide, C., & Saginak, K. (2003). *School counseling in the secondary school: A comprehensive process and program*. New York, NY: Allyn & Bacon.

### *Newsletters*

- Saginak, K. (2009). Group Work? Are We? *The Wisconsin Counseling Association (WCA) Newsletter*, Fall 2009, p. 5.
- Scofield, T., Saginak, K. A., Reljic, R., & Harper, A. (2009). *Transformative practices in counselor education: Creating transparent connections*. Professional Counseling Digest, Spring 2009. (ACAPCD-29). Alexandria, VA: American Counseling Association.
- Saginak, K., & Gillen, M. (2007). The counselor's toolbox – program evaluation: The proof is in the pudding. *WSCA Counselink*, p. 7.
- Saginak, K., & Gillen, M. (2006, Winter). The counselor's toolbox – program evaluation: What are you doing now? *WSCA Counselink*, p. 7.
- Gillen, M., & Saginak, K. (2006, Fall). The counselor's toolbox – program evaluation. *WSCA Counselink*, p. 7.
- Saginak, K. A., Priester, P. (2006, Spring). Service-learning and school counseling: Meeting the needs of schools, school counselors, and school counselors in training. *WSCA Counselink*, p. 7.

### *Grants*

- Saginak, K. A., Scofield, T., & Foege, A. (2006). *Differences between faculty and students' perceptions of critical thinking and the effects of instructional strategies on the development of critical thinking skills*. University of Wisconsin Oshkosh Scholarship of Teaching and Learning Initiative. \$1000
- Saginak, K., Hintze, B., Foege, A., Oeftger, T. (2006). *UWO and LSH Toolkits for the Future*. University of Wisconsin Oshkosh, Service-Learning Mini-Grant, \$500.
- Saginak, K. A., Gelhar, T., & Stockinger, K. (2005). *Citizen Scholar Grant*, Wisconsin Campus Compact, \$3000.
- Hill, K. S., & Saginak, K. A. (2004). *"Raise Your Voice" Grant*, Wisconsin Campus Compact, \$500.

