

**Wisconsin College  
Personnel Association  
(WCPA) - October  
20-21, Wisconsin  
Dells**

**Wisconsin Counseling  
Association (WCA) -  
November 5,  
Wisconsin Rapids**

**INSIDE  
THIS ISSUE:**

CPCE Info 1

CSI Events 2

Contact Info  
Update 2

Facebook  
Page 2

Fall 2011  
Graduates  
Information 2

Workshop 3

Practicum &  
Internship 4

# Fall Newsletter

SEPTEMBER 2011

## Welcome Back!

Welcome new students and welcome back returning students! We hope everyone got the rest and relaxation they needed this summer and are refreshed and ready for a new semester!

We are very excited for the Fall 2011 semester, as there a lot of new events and activities planned for the upcoming months.

As students ourselves, we know the semester can get very busy and we sometimes forget to take care of ourselves. This is a friendly reminder to make time to take care of yourself!

If you have any questions or concerns throughout the semester, please feel free to stop by the department office in N/E 001 or call (920) 424-1475.

~Your GAs: Kathy, Kristen, & Jeremiah



### Ten Self-Care Ideas

1. Read a book for FUN!
2. Attend a group exercise class at the Student Rec & Wellness Center
3. Watch a movie
4. Take an Arts & Crafts class
5. Take a nap
6. Go out to dinner with a friend or partner
7. Have a game night
8. Go for a walk
9. Call a friend you haven't talked to in a while
10. Go to a museum or art exhibit

## Counselor Preparation Comprehensive Examination (CPCE)

If you plan on graduating this fall (and began the program in Fall 2009) you should be signed up for Professional Counseling 799, 001 (Registration for Comprehensive Final Exam). If you have not signed up for this course, please see Paula ASAP.

The exam will take place on Friday, September 30th at 9am in Clow 207. Please bring a Personal Check or Money order (no cash or credit cards) in the amount of \$45 payable to CCE.

## Upcoming CSI Events

**End of September (date TBD):** Group Exercise class opportunity

**October 12th, 2:30-3:30:** CSI Meeting

**October (date TBD):** Landro Lab Help Sessions

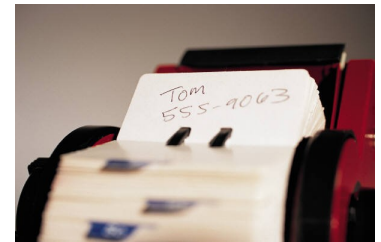
**November 12th:** Habitat for Humanity build opportunity, (morning and afternoon shifts will be available)

**November 14th, 3:45-4:45:** CSI Meeting

**Mid-November-Mid-December:** Adopt a Family

## Address/Phone Number Update

Please make sure to keep your address and phone number updated in Titan Web. You can update your local address and phone number through Titan Web. Your home address can be updated by filling out a form in Registration (located in Dempsey 130).



## Facebook Page



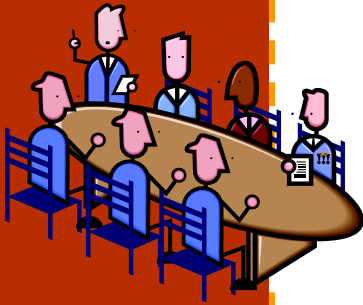
Did you know our department has a facebook page? Find us at UW Oshkosh Professional Counseling Department and "Like" us for department updates, deadline reminders, and upcoming events. You can also post questions, comments, pictures, videos and other information, but please be sure your posts are appropriate and professional.

## Fall 2011 Graduates

If you plan to graduate this Fall, your application for graduation is due to the Office of Graduate Studies by Friday, October 7, 2011  
Find more information and the application at:  
<http://www.uwosh.edu/gradstudies/resources/forms/application-to-graduation>

The Hooding Ceremony will take place December 16 at 6:00pm in Reeve Memorial Union. More information will follow.





## Train the Trainer Workshop: Experiential Learning

**Teaching those that impact our youth the basic Concepts, Delivery, and Philosophy behind Experiential Therapy and Learning.**

**What:** Train the Trainer Workshop: Experiential Therapy

**Why:** Professional Development

**Who:** School Counselors, Mental Health Counselors, Human Services Individuals

**Where:** Oneida Adventure Facility

2640 West Point Road

Green Bay, WI 54304

**When:** Friday, Oct 21st, 8:30am-4pm

Saturday, Oct 22nd, 8:30am-12pm

**Cost:** \$125

### **Professional Development:**

- Learn and utilize experiential facilitation concepts
- Add to your bag of tricks: Gain new group therapy activities
- Gain effective tools for achieving group cohesion
- Participate in experiential activities
- Explore the personal power of high/low ropes experience

Shannon is a recent graduate of the Professional Counseling program!

### **For more information and to register**

#### **CONTACT:**

Shannon Steif

920-490-3818

[ssteif@oneidanation.org](mailto:ssteif@oneidanation.org)

Cindy Young

920-490-3863

[cyoung@oneidanation.org](mailto:cyoung@oneidanation.org)

# Internship Opportunities

Menasha High School, Grades 9-12

Please Contact: Julie Holly—hollyj@mjsd.k12.wi.us, (920) 967-1816

---

Oneida Tribe of Wisconsin

Opportunity for Higher Education Student Services and/or School Counseling

Contact Norbert S. Hill Jr. — Area Manager Education and Training. PO Box 365, Oneida, WI 54155, (920) 869-4037, nhill@oneidanation.org

---

For more information on possible internship sites, there is a Practicum/Internship Sites binder with known potential sites located in the Professional Counseling Department office N/E 001

## Practicum and Internship Applications

It may seem a little early to be thinking about next semester already, but keep in mind that Practicum and Internship Applications are due November 15. You will receive an email from Paula when the applications are updated, but it's never too early to start looking for your site!

## Practicum Opportunities

Oneida Tribe of Wisconsin

Opportunity for Higher Education Student Services and/or School Counseling

Contact Norbert S. Hill Jr. — Area Manager Education and Training. PO Box 365, Oneida, WI 54155, (920) 869-4037, nhill@oneidanation.org

---

For more information on possible practicum sites, there is a Practicum/Internship Sites binder with known potential sites located in the Professional Counseling Department office N/E 001

